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Response to COVID 19 for children with Multiple Disabilities- to deliver online Therapeutic and Life skills sessions

Donate Now

Khushboo is committed to making special children more self-reliant by engaging them in activities which enable them to overcome their challenges.

Khushboo Welfare Society (Khushboo) was established on 13 November 1995 as a non profit organization under the Societies Act, 1860 to provide holistic care and multifarious services to people with mental and multiple disabilities.

Our Vision: To have a society where the physically and mentally challenged lead a life of care, dignity and respect.

Our Mission: Help the physically and mentally challenged to become self reliant, realize their full potential and enhance their capabilities to the maximum possible.

Message from President



Dear Friends,

The COVID-19 pandemic has seriously impacted the entire world but for people with disabilities the effect has been far more pronounced. Thus our beneficiaries and their caregivers too have been affected quite seriously.

Children under our care have multiple disabilities, mostly mental and they need to be continuously engaged and undergo therapies, otherwise their muscles deteriorate. Due to the lockdown it was difficult for us to provide them the services.

Seeing so much happening “on line” we too decided to use this medium. We prepared sessions as per the need of each child and shared with their parents on Whatsapp. We then asked them to do the sessions with the child, take video shots and send back. The special educator/therapist would see them and advise if any modifications are needed.

The positive response to this motivated us to build on it and have more structured sessions in small groups, through Zoom. This enabled the children to be meaningfully engaged and also have therapeutic sessions at their house itself under proper supervision. In the process, the parents are also becoming tech savvy.

Majority of our funds come from the Corporate sector who are now participating in Covid related programs. The funds are thus getting split, if not fully diverted. This in turn has put pressure on funds availability at Khushboo.

We sincerely request our donors to maintain their support so that we can continue to look after the special children under our care.

Best wishes,
Rakesh Jinsi



A glimpse of how Khushboo is attempting to continue life skill sessions in small groups as per the age via zoom calls. This has helped parents to a large extent to take care their children under the guidance of the experts. There are different activities organized for different age groups under life Skills. For small children the sessions include identification of fruits, finger printing, poem, motor activities, color matching activity, art and craft etc. For children of age group 10 plus, trainable activities include academics, social skill, art and craft etc and for children who are in the age group of 14 to 18 years they are taught time and money concept through different interesting activity, vocational activity viz paper bags making etc. Each activity performed helps the child to develop motor skills, hand eye coordination etc.

Therapeutic services play a pivotal role for such children. Small group/ individual sessions for physiotherapy are conducted online and in some cases parents are taught exercises which helps to improve the balance, develop muscle strength and body awareness, increase attention span etc. Under occupational therapy the children along with the parents learn hand manipulation, muscles stretching, sensory integration techniques, body positioning activities etc. The sessions are either individual or in a very small group of 2-3 children.



Feedback of a parent for the guidance provided by the Khushboo team for her special children.

Donate for online Life skills and Therapeutic sessions for children with mental & multiple disabilities.
Click here:- <https://www.kwsindia.org/covid-19>



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